

Distance Learning

Distance learning is a relatively new means of training. It's not a webinar, where you just sit and listen, it's not e-learning where you follow instructions and click to the next session, it is face to face learning with a live instructor through a virtual platform.

Distance learning allows participants to engage in active discussions with other learners and the instructor at the same time as if they were in a Classroom; discussion based training is the main focus of Industrial Safety Trainers.



Learning through this virtual platform is easy, effective and convenient for participants as they can attend the course from their workplace or from home.

How Does it Work?

Once you have signed up for a Distance Learning course, you will be emailed the session link within one week of the scheduled training date. Depending on the course, you may receive materials such as workbooks, manuals and other teaching aids in advance of the scheduled training date.

Once you are logged in with the other participants, you will need to type in your first and last name. Afterwards, and once the instructor starts the session, you will be able to see and speak with everyone in the group; don't forget to make sure that your webcam and microphone are enabled at all times as this is an IST distance learning requirement. The course length will vary based on the subject, but there will be many breaks allowing you to get up and move around, grab a coffee or anything else.



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After the course, and depending on the courses requirements, you may receive any of the following documents:

- Record of training
- Wall certificate
- Wallet card
- Copy of workbook or manual
- Copy of learner resources (OHSA, Book 7, etc.)

For courses like Forklift and Elevated Work Platform, or other lifting device courses, we will schedule a mutually satisfactory date where a trainer will attend your workplace to perform a documented practical evaluation for those who took the course. These dates will be scheduled and communicated to you as soon as possible.



Available Distance Learning Programs

- Joint Health & Safety Committee Certification Part One and Part Two
- JHSC Refresher Training
- Forklift Safety Certification + onsite practical evaluations (scheduled at a later date)
- Elevated Work Platform Safety + onsite practical evaluations (scheduled at a later date)
- Health Safety & The Law for supervisors and safety representatives
- Lockout/Tag-out
- Reasonable Suspicion
- Indoor Crane + onsite practical evaluations (scheduled at a later date)
- And many more...



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System Requirements

- A stable internet connection
- Speakers and microphone (or headset that encompasses both)
- A webcam (must be turned on at all times)
- Processor Single Core 1Ghz or Higher, Dual Core 2Ghz or Higher (i3/i5/i7 or AMD equivalent) with a minimum of 4 Gb of RAM

Supported Operating Systems

- MacOS X with macOS 10.7 or later
- Windows 10 **Note:** For devices running Windows 10, they must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Windows 7, 8 or 8.1
- Windows Vista with SP1 or later and Windows XP with SP3 or later
- Select Android or Apple mobile devices may be used as well if equipped with above system requirements
 - Smartphone or tabled with QR code scanning ability would be required (may be needed for testing purposes)



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