

# WORKING AT HEIGHTS FULL CERTIFICATION



min. 6 participants

REFRESHER



## LOCATION:



On-Site



Classroom  
Facilities



Safety  
Bus

## LEGAL REQUIREMENTS

OHSA Section 25-28  
Ontario Regulation 213 Section 26  
CSA Standard Z259  
CPO Working at Heights Standard

## COURSE CONTENT

- ◆ Categories of Falls
- ◆ Control Measures
- ◆ Floors and openings
- ◆ Fixed barriers and handrails
- ◆ Surface openings
- ◆ Safety belts/ lifelines/ lanyards / anchorage
- ◆ Specifications of a Fall Arrest System
- ◆ Horizontal and slope roof Fall Arrest System
- ◆ Retractable lifeline Fall Arrest System
- ◆ Fall Containment Systems
- ◆ Connection devices and tie-off points
- ◆ Inspection and maintenance
- ◆ Rescue Training Requirements

# STOP! FALLS!



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Chief Prevention Officer  
Accredited Training Provider



WSCC - NWT/Nunavut  
Accredited Training Provider



TSSA  
Accredited Training Provider



**CONSTRUCTION**  
SAFETY TRAINERS.CA

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