



Stay **Healthy** by preventing the **Flu** from getting **YOU!**

## TOP 5 Reasons PEOPLE DON'T GET THEIR FLU SHOT

1

***They believe you can catch the flu from the vaccine.***

No. For one, injected flu vaccines only contain dead virus, and a dead virus is, well, dead: it can't infect you.

2

***They believe the flu shot is not effective.***

The CDC (The Centre for Disease Control) reports that the shots are between 70 and 90 percent effective at preventing the flu.

3

***Pregnant women or people with pre-existing medical conditions think they need special permission from their doctor to receive the flu vaccine.***

There is no recommendation for pregnant women or people with pre-existing medical conditions to seek special permission.

4

***It is not convenient to go to the Doctor or pharmacy to get their shot.***

Can't use that excuse here!

5

***They believe Antibiotics are my best defense at fighting the flu.***

Antibiotics work well against bacteria, but they aren't effective for a viral infection like the flu.

DATE OF CLINIC \_\_\_\_\_

TIME & LOCATION \_\_\_\_\_

 **Workplace Medical Corp.**

**Workplace Medical Corp Flu Program**



Visit the Workplace Medical Corp. flu page to learn more about the dangers of the flu and the value in protecting yourself.

[www.workplacemedical.com](http://www.workplacemedical.com)